

January 2025
Chantilly Heights Discovery Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>CHANTILLY HEIGHTS <small>LLC</small> MEMORY CARE</div>			<div>Kwanzaa Ends New Year's Day 9:30 ♥ Good Morning Greetings & Daily Chronicle [DC] 10:00 🍷 Fun w/Brainy Janey [DC] 10:30 ➡ Exercise Class [DC] 10:50 ➡ Get Up and Walk! [DC] 11:00 ♥ Pet Visits w/Chris & Sawyer [DC] 12:30 ⬆ Action Stations & Soothing Sounds [DC] 1:00 ♥ Manicures & Hand Massage [DC] 2:00 🍷 Board Games: Skunk [DC] 2:30 ➡ Afternoon Snack & Hydration [DC] 2:45 ⬆ Trivia: New Year's Day [DC] 3:30 ⬆ Color Me Calm! [DC] 4:00 🍷 Make me Laugh: Funny Baby Videos [DC] 6:00 🍷 Evening Movie: Playing for Keeps [DC]</div>	<div>Hanukkah Ends 9:30 ⬆ Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Morning Exercise Stretches [DC] 10:15 ➡ Balloon Volleyball [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 ➡ Sock Toss [DC] 11:30 🍷 Garden Club: Watering Plants [DC] 12:30 ♥ House Visits: 1 on 1 Activities w/Mae [DC] 1:00 ⬆ Color Me Calm! [DC] 1:30 🍷 Music Therapy w/ NeuroSound [DC] 2:15 ⬆ Word Puzzles [DC] 3:00 ➡ Afternoon Snack & Hydration [BC] 3:00 ➡ Memories & Reminiscing [DC] 3:15 🍷 Arts & Crafts [DC] 4:15 🍷 Classic Comedy Hour: I Love Lucy! [DC] 6:00 🍷 Evening Movie [DC]</div>	9:30 ♥ Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Stretch & Tone [DC] 10:15 🍷 Bowling [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 IN2I Trivia [DC] 12:30 ⬆ Action Stations: Sorting & Lacing Shapes [DC] 12:30 🍷 Garden Club: Watering Plants [DC] 1:00 ⬆ Flower Arranging [DC] 1:30 ⬆ St. Veronica's Catholic Mass W/Father Kleinmann [BC] 2:00 🍷 Card Games: Find the Match! [DC] 2:30 🍷 Ice Cream Social: Root Beer Floats [DC] 3:00 🍷 Painting with Passion! [DC] 6:00 🍷 Evening Movie: Good Will Hunting	9:30 ♥ 1 on 1 activities [DC] 10:15 ⬆ Live Piano music w/Dennis Botzer [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Daily Chronicle & Saturday Stretches [DC] 12:30 🍷 Saturday Sports: College Football [DC] 1:00 ♥ Tranquility Time & Short Stories [DC] 1:45 🍷 Scrapbooking [DC] 2:45 ➡ Afternoon Snack & Hydration [DC] 3:00 ➡ Bingo [DC] 3:45 🍷 Trivia [DC] 6:00 🍷 Evening Movie: Pride [BC]
9:30 🍷 TV Classics: Little House On The Prairie [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Piano w/Sanjana [DC] 12:30 🍷 Garden Club: Watering Plants [DC] 12:40 ♥ Action Stations [DC] 1:30 🍷 Flower Arranging [DC] 2:00 ➡ Tennis Ball [DC] 2:30 ➡ Afternoon Snack & Hydration [DC] 4:00 ♥ Rest, Relaxation & Manicures [DC] 6:00 🍷 Evening Movie: Dolphin Tale [DC]	9:30 🍷 Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Stretch & Tone [DC] 10:15 🍷 Balloon Volleyball [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 ⬆ Sing-Alongs w/Suzu Q [DC] 12:45 ♥ Action Stations: Jigsaw Puzzles & Soothing Sounds [DC] 1:15 🍷 Candy Bar Bingo! [DC] 2:00 🍷 Afternoon Concert: Frank Sinatra [DC] 2:30 ➡ Afternoon Snack & Hydration [BC] 3:00 🍷 Craft Corner [DC] 4:00 ⬆ Manicures & Hand Massage [DC] 6:00 🍷 Evening Movie: Meet the Parents [DC]	9:30 🍷 Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Moving & Stretching to the Music! [DC] 10:15 🍷 Mad Ball! [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Word Games: Memory [DC] 12:30 🍷 Helping Hands: Watering Plants [DC] 1:00 🍷 Water Painting [DC] 2:00 ➡ Parachute Fun! [DC] 2:45 ➡ Afternoon Snack & Hydration [DC] 3:00 ⬆ Action Stations: Sorting & Flower Arranging [DC] 3:30 ♥ Crossword Puzzles! [DC] 4:15 🍷 Arm Chair Travel: Rick Steves' [DC] 6:00 🍷 Evening Movie: One Crazy Summer [DC]	<div>Elvis Presley Birthday 9:30 ♥ Good Morning Greetings & Daily Chronicle [DC] 10:00 🍷 Fun w/Brainy Janey [DC] 10:30 ➡ Fox Exercise Class [DC] 10:50 ➡ Get Up and Walk! [DC] 10:55 Morning Snack and Hydration [DC] 11:00 ♥ Sing Along w/ Susie Q [DC] 12:30 ⬆ Action Stations & Soothing Sounds [DC] 1:00 🍷 Board Games: Skunk [DC] 1:45 🍷 Documentary: Planet Earth [DC] 2:30 ➡ Afternoon Snack & Hydration [DC] 2:45 ⬆ Trivia [DC] 3:30 ⬆ Manicures [DC] 4:00 🍷 Make me Laugh: Funny Baby Videos [DC] 6:00 🍷 Evening Movie: Sideways [DC]</div>	9:30 ⬆ Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Morning Exercise Stretches [DC] 10:15 ➡ Balloon Volleyball [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 ➡ Sock Toss [DC] 11:30 🍷 Garden Club: Watering Plants [DC] 12:30 ♥ House Visits: 1 on 1 Activities w/Mae [DC] 1:00 ⬆ Color Me Calm! [DC] 1:30 🍷 Music Therapy w/ NeuroSound [DC] 2:15 ⬆ Word Puzzles [DC] 3:00 ➡ Afternoon Snack & Hydration [BC] 3:00 ➡ Memories & Reminiscing [DC] 3:15 🍷 Arts & Crafts [DC] 4:15 🍷 Classic Comedy Hour: I Love Lucy! [DC] 6:00 🍷 Evening Movie: The Cat in The Hat [DC]	9:30 ♥ Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Stretch & Tone [DC] 10:15 🍷 Bowling [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 IN2I Trivia [DC] 12:30 ⬆ Action Stations: Sorting & Lacing Shapes [DC] 12:30 🍷 Garden Club: Watering Plants [DC] 1:00 ⬆ Rest, Relaxation & Manicures [DC] 2:00 🍷 Card Games: Find the Match! [DC] 2:30 🍷 Ice Cream Social: Root Beer Floats [DC] 3:00 🍷 Painting with Passion! [DC] 6:00 🍷 Evening Movie: Miss Congeniality [DC]	9:30 ♥ 1 on 1 activities [DC] 10:15 ⬆ Live Piano music w/Dennis Botzer [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Daily Chronicle & Saturday Stretches [DC] 12:30 🍷 Saturday Sports: College Football [DC] 1:00 ♥ Tranquility Time & Short Stories [DC] 1:45 🍷 Scrapbooking [DC] 2:45 ➡ Afternoon Snack & Hydration [DC] 3:00 ➡ Bingo [DC] 3:45 🍷 Trivia [DC] 6:00 🍷 Evening Movie: Radio [BC]
9:30 🍷 TV Classics: Little House On The Prairie [DC] 10:30 ⬆ ORDER of MALTA Rosary [LR] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Piano w/Deacon & Zowie [DC] 12:30 🍷 Garden Club: Watering Plants [DC] 12:40 ♥ Action Stations [DC] 1:15 ⬆ Epiphany Anglican Church Service [DC] 2:00 ➡ Tennis Ball [DC] 2:30 ➡ Afternoon Snack & Hydration [DC] 3:00 🍷 Magazine Collages [DC] 4:00 ♥ Rest, Relaxation & Manicures [DC] 6:00 🍷 Evening Movie: America [DC]	9:30 🍷 Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Stretch & Tone [DC] 10:15 🍷 Balloon Volleyball [DC] 10:45 ➡ Morning Snack & Hydration [DC] 12:45 ♥ Action Stations: Jigsaw Puzzles & Soothing Sounds [DC] 1:15 🍷 Candy Bar Bingo! [DC] 2:00 🍷 Bird Watching & Short Stories [DC] 2:30 ➡ Afternoon Snack & Hydration [BC] 6:00 🍷 Evening Movie: Willy Wonka & The Chocolate Factory (Classic) [DC]	9:30 🍷 Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Moving & Stretching to the Music! [DC] 10:15 🍷 Mad Ball! [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Word Games: Memory [DC] 12:30 🍷 Helping Hands: Watering Plants [DC] 1:00 🍷 Water Painting [DC] 2:00 ➡ Parachute Fun! [DC] 2:45 ➡ Afternoon Snack & Hydration [DC] 3:00 ⬆ Action Stations: Sorting & Flower Arranging [DC] 4:15 🍷 Arm Chair Travel: Rick Steves' [DC] 6:00 🍷 Evening Movie: Disney Treasure Buddies [BC]	9:30 ♥ Good Morning Greetings & Daily Chronicle [DC] 10:00 🍷 Fun w/Brainy Janey [DC] 10:30 ➡ Fox Exercise Class [DC] 10:50 ➡ Get Up and Walk! [DC] 11:00 ♥ Pet Visits w/Chris & Sawyer [DC] 12:30 ⬆ Action Stations & Soothing Sounds [DC] 1:00 ♥ House Visits: 1 on 1 Activities [DC] 1:45 🍷 Board Games: Skunk [DC] 2:30 ➡ Afternoon Snack & Hydration [DC] 2:45 ⬆ Trivia [DC] 3:00 🍷 Happy Hour: Live Music w/Dreamma [DC] 4:00 🍷 Make me Laugh: I Love Lucy [DC] 6:00 🍷 Evening Movie: Bad News Bears [DC]	9:30 ⬆ Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Morning Exercise Stretches [DC] 10:15 ➡ Balloon Volleyball [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 ➡ Sock Toss [DC] 11:30 🍷 Garden Club: Watering Plants [DC] 12:30 ♥ House Visits: 1 on 1 Activities w/Mae [DC] 1:00 ⬆ Color Me Calm! [DC] 1:30 🍷 Music Therapy w/ NeuroSound [DC] 2:15 ⬆ Word Puzzles [DC] 3:00 ➡ Afternoon Snack & Hydration [BC] 3:15 🍷 Arts & Crafts [DC] 4:15 🍷 Classic Comedy Hour: I Love Lucy! [DC] 6:00 🍷 Evening Movie: Anywhere but here [DC]	<div>Benjamin Franklin Day 9:30 ♥ Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Stretch & Tone [DC] 10:15 🍷 Bowling [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 IN2I Trivia [DC] 12:30 ⬆ Action Stations: Sorting & Lacing Shapes [DC] 12:30 🍷 Garden Club: Watering Plants [DC] 1:00 ⬆ Flower Arranging [DC] 1:30 ⬆ St. Veronica's Catholic Mass W/Father Kleinmann [BC] 2:00 🍷 Card Games: Find the Match! [DC] 2:30 🍷 Ice Cream Social: Root Beer Floats [DC] 3:00 🍷 Painting with Passion! [DC] 4:00 🍷 Documentary: Benjamin Franklin [DC] 6:00 🍷 Evening Movie: He's Just not that into you [BC]</div>	9:30 ♥ 1 on 1 activities [DC] 10:15 ⬆ Live Piano music w/Dennis Botzer [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Daily Chronicle & Saturday Stretches [DC] 12:30 🍷 Saturday Sports: College Football [DC] 1:00 ♥ Tranquility Time & Short Stories [DC] 1:45 🍷 Scrapbooking [DC] 2:45 ➡ Afternoon Snack & Hydration [DC] 3:00 ➡ Bingo [DC] 3:45 🍷 Trivia [DC] 6:00 🍷 Evening Movie: You've Got Mail [BC]
9:30 🍷 TV Classics: Little House On The Prairie [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Piano w/Sanjana [DC] 12:30 🍷 Garden Club: Watering Plants [DC] 12:40 ♥ Action Stations [DC] 2:00 ➡ Tennis Ball [DC] 2:30 ➡ Afternoon Snack & Hydration [DC] 3:00 🍷 Magazine Collages [DC] 4:00 ♥ Rest, Relaxation & Manicures [DC] 6:00 🍷 Evening Movie: Overboard [DC]	<div>Martin Luther King, Jr. Day 9:30 🍷 Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Stretch & Tone [DC] 10:15 🍷 Balloon Volleyball [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 ➡ Bowling [DC] 11:30 🍷 Garden Club: Watering Plants [DC] 12:45 ♥ Action Stations: Jigsaw Puzzles & Soothing Sounds [DC] 1:15 🍷 Candy Bar Bingo! [DC] 2:00 🍷 Martin Luther King Trivia [DC] 2:30 ➡ Afternoon Snack & Hydration [BC] 3:00 🍷 Craft Corner [DC] 4:00 ⬆ Manicures & Hand Massage [DC] 6:00 🍷 Evening Movie: August Rush [DC]</div>	9:30 🍷 Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Moving & Stretching to the Music! [DC] 10:15 🍷 Mad Ball! [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Word Games: Memory [DC] 12:30 🍷 Helping Hands: Watering Plants [DC] 1:00 🍷 Water Painting [DC] 2:00 ➡ Parachute Fun! [DC] 2:45 ➡ Afternoon Snack & Hydration [DC] 3:00 ⬆ Action Stations: Sorting & Flower Arranging [DC] 3:30 ♥ Piano & Sing-Along w/ Jane [DC] 4:15 🍷 Arm Chair Travel: Rick Steves' [DC] 4:30 🍷 Evening Movie: Miracle [BC]	9:30 ♥ Good Morning Greetings & Daily Chronicle [DC] 10:00 🍷 Fun w/Brainy Janey [DC] 10:30 ➡ Fox Exercise Class [DC] 10:50 ➡ Get Up and Walk! [DC] 11:00 ♥ Pet Visits w/Chris & Sawyer [DC] 12:30 ⬆ Action Stations & Soothing Sounds [DC] 1:00 ♥ House Visits: 1 on 1 Activities [DC] 1:45 🍷 Board Games: Skunk [DC] 2:30 ➡ Afternoon Snack & Hydration [DC] 2:45 ⬆ Trivia [DC] 3:00 🍷 Happy Hour : Live Music w/Tender [DC] 4:00 🍷 Make me Laugh: Funny Baby Videos [DC] 6:00 🍷 Evening Movie: Isn't it Romantic [DC]	9:30 ⬆ Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Morning Exercise Stretches [DC] 10:15 ➡ Balloon Volleyball [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 ➡ Sock Toss [DC] 11:30 🍷 Garden Club: Watering Plants [DC] 12:30 ♥ House Visits: 1 on 1 Activities w/Mae [DC] 1:00 ⬆ Color Me Calm! [DC] 1:30 🍷 Music Therapy w/ NeuroSound [DC] 2:15 ⬆ Word Puzzles [DC] 3:00 ➡ Afternoon Snack & Hydration [BC] 3:15 🍷 Arts & Crafts [DC] 4:15 🍷 Classic Comedy Hour: I Love Lucy! [DC] 6:00 🍷 Evening Movie: Life as We Know It [DC]	9:30 ♥ Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Stretch & Tone [DC] 10:15 🍷 Bowling [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 IN2I Trivia [DC] 12:30 ⬆ Action Stations: Sorting & Lacing Shapes [DC] 12:30 🍷 Garden Club: Watering Plants [DC] 1:00 ⬆ Rest, Relaxation & Manicures [DC] 2:00 🍷 Card Games: Find the Match! [DC] 2:30 🍷 Ice Cream Social: Root Beer Floats [DC] 3:00 🍷 Painting with Passion! [DC] 6:00 🍷 Evening Movie: Grease	<div>Happy Birthday Margaret! 9:30 ♥ 1 on 1 activities [DC] 10:00 Birthday Celebration: Margaret [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Daily Chronicle & Saturday Stretches [DC] 12:30 🍷 Saturday Sports: College Football [DC] 1:00 ♥ Tranquility Time & Short Stories [DC] 1:45 🍷 Scrapbooking [DC] 2:45 ➡ Afternoon Snack & Hydration [DC] 3:00 ➡ Bingo [DC] 3:45 🍷 Trivia [DC] 6:00 🍷 Evening Movie: Herbie Fully Loaded [BC]</div>
9:30 🍷 TV Classics: Little House On The Prairie [DC] 10:30 🍷 Piano w/Deacon & Zowie [DC] 10:45 ➡ Morning Snack & Hydration [DC] 12:30 🍷 Garden Club: Watering Plants [DC] 12:40 ♥ Action Stations [DC] 1:15 ⬆ Epiphany Anglican Church Service & Piano Music [DC] 2:00 ➡ Tennis Ball [DC] 2:30 ➡ Afternoon Snack & Hydration [DC] 3:00 🍷 Magazine Collages [DC] 4:00 ♥ Rest, Relaxation & Manicures [DC] 6:00 🍷 Evening Movie: Remember The Titans [DC]	9:30 🍷 Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Stretch & Tone [DC] 10:15 🍷 Balloon Volleyball [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 ➡ Bowling [DC] 11:30 🍷 Garden Club: Watering Plants [DC] 12:45 ♥ Action Stations: Jigsaw Puzzles & Soothing Sounds [DC] 1:15 🍷 Candy Bar Bingo! [DC] 2:00 🍷 Bird Watching & Short Stories [DC] 2:30 ➡ Afternoon Snack & Hydration [BC] 3:00 🍷 Craft Corner [DC] 4:00 ⬆ Manicures & Hand Massage [DC] 6:00 🍷 Evening Movie: he Shaggy D.A [DC]	9:30 🍷 Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Moving & Stretching to the Music! [DC] 10:15 🍷 Mad Ball! [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 Word Games: Memory [DC] 12:30 🍷 Helping Hands: Watering Plants [DC] 1:00 🍷 Water Painting [DC] 2:00 ➡ Parachute Fun! [DC] 2:45 ➡ Afternoon Snack & Hydration [DC] 3:00 ⬆ Action Stations: Sorting & Flower Arranging [DC] 3:30 ♥ Piano & Sing-Along w/ Jane [DC] 4:15 🍷 Arm Chair Travel: Rick Steves' [DC] 4:30 🍷 Evening Movie: Princess Diaries 2 [DC]	9:30 ♥ Good Morning Greetings & Daily Chronicle [DC] 10:00 🍷 Fun w/Brainy Janey [DC] 10:30 ➡ Fox Exercise Class [DC] 10:50 ➡ Get Up and Walk! [DC] 11:00 ♥ Pet Visits w/Chris & Sawyer [DC] 12:30 ⬆ Action Stations & Soothing Sounds [DC] 1:00 ♥ House Visits: 1 on 1 Activities [DC] 1:45 🍷 Board Games: Skunk [DC] 2:30 ➡ Afternoon Snack & Hydration [DC] 2:45 ⬆ Trivia [DC] 3:00 🍷 Happy Hour : Live Music w/Rob [DC] 4:00 🍷 Make me Laugh: I love Lucy [DC] 6:00 🍷 Evening Movie: Superman Returns [DC]	9:30 ⬆ Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Morning Exercise Stretches [DC] 10:15 ➡ Balloon Volleyball [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 ➡ Sock Toss [DC] 11:30 🍷 Garden Club: Watering Plants [DC] 12:30 ♥ House Visits: 1 on 1 Activities w/Mae [DC] 1:00 ⬆ Color Me Calm! [DC] 1:30 🍷 Music Therapy w/ NeuroSound [DC] 2:15 ⬆ Word Puzzles [DC] 3:00 ➡ Afternoon Snack & Hydration [BC] 3:15 🍷 Arts & Crafts [DC] 4:15 🍷 Classic Comedy Hour: I Love Lucy! [DC] 6:00 🍷 Evening Movie: Zoo Keeper [DC]	<div>National Zebra Day 9:30 ♥ Good Morning Greetings, Songs & Daily Chronicle [DC] 9:45 ➡ Stretch & Tone [DC] 10:15 🍷 Bowling [DC] 10:45 ➡ Morning Snack & Hydration [DC] 11:00 🍷 IN2I Trivia [DC] 12:30 ⬆ Action Stations: Sorting & Lacing Shapes [DC] 12:30 🍷 Garden Club: Watering Plants [DC] 1:00 ⬆ Rest, Relaxation & Manicures [DC] 2:00 🍷 Card Games: Find the Match! [DC] 2:30 🍷 Ice Cream Social: Root Beer Floats [DC] 3:00 🍷 Zebra Creative Art [DC] 6:00 🍷 Evening Movie: Enchanted [DC]</div>	