





September 2023  
Chantilly Heights Discovery Calendar

created with 

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div> <b>CHANTILLY HEIGHTS</b><sub>LLC</sub> MEMORY CARE</div>										<div>9:30 🧩 Sorting &amp; Lacing Shapes [DC] 10:00 ❤️ Good Morning Greetings, Songs &amp; Daily Chronicle [DC] 10:15 ↔️ Stretch &amp; Tone [DC] 10:45 🧩 Morning Snack &amp; Hydration [DC] 11:00 🧦 Sock Toss [DC] 12:45 ❤️ House Visits [DC] 1:15 🌸 Namaste Program: Beautiful Views from Around The World &amp; Massage [DC] 1:30 🕊️ St. Veronica's Catholic Mass W/Father Kleinmann [BC] 2:00 🧩 Card Games: Find the Match! [DC] 2:45 🧩 Afternoon Snack &amp; Hydration [DC] 3:00 🌸 Helping Hands: Watering Plants [DC] 3:30 🍷 Painting with Passion! [DC] 6:00 🎬 Evening Movie</div>		<div>10:15 🕊️ Live Piano music w/Dennis Botzer [DC] 11:00 🧩 Saturday Sports [DC] 1:00 ↔️ Beautiful Views, Relaxation and Manicures [DC] 2:15 🍷 Puzzles and Coloring [DC] 2:30 🧩 TV Classics: The Lawrence Welk Show [DC] 6:00 🧩 Evening Movie [BC]</div>	
<div>11:00 🧩 Piano w/Sanjana [DC] 11:30 🍷 Daily Chronicle &amp; Morning News [DC] 11:45 🌸 Garden Club: Watering Plants [DC] 12:45 🧩 Sunday Sports [DC] 3:30 🧩 House Visits [DC] 3:45 🍷 Trivia [DC] 6:00 🧩 Evening Movie [DC]</div>		<div><b>Labor Day</b> 11:00 🍷 Good Morning Greetings &amp; Daily Chronicle [DC] 11:30 ↔️ Bowling [DC] 12:45 ❤️ House Visits [DC] 1:15 🧩 Candy Bar Bingo! [DC] 2:15 🧩 Labor Day Trivia &amp; Slideshow [DC] 2:45 🧩 Ice Cream Sundaes [DC] 6:00 🧩 Evening Movie [DC]</div>		<div>9:30 🌸 Small Group Sorting [DC] 10:00 🍷 Good Morning Greetings, Songs &amp; Daily Chronicle [DC] 10:15 ↔️ Moving &amp; Stretching to the Music! [DC] 10:45 ↔️ Morning Snack &amp; Hydration [DC] 11:00 🧩 Bowling [DC] 11:45 🌸 Helping Hands: Watering Plants [DC] 1:00 🧦 Word Games [DC] 1:45 🌸 Garden Club: Watering Garden 2:30 ❤️ Namaste Program: Beautiful Views, Relaxation and Manicures [DC] 3:30 🕊️ Piano &amp; Sing-Along w/Jane [DC] 4:15 🕊️ Fresh Air &amp; Sunshine [DC] 6:00 🧩 Evening Movie [DC]</div>		<div>9:30 🍷 Small Group Word Puzzles [DC] 10:00 ❤️ Good Morning Greetings &amp; Daily Chronicle [DC] 10:30 ↔️ Fox Exercise Class [DC] 11:00 ↔️ Get Up and Walk! [DC] 11:00 ❤️ Pet Visits w/Chris &amp; Sawyer [DC] 11:30 🧩 IN2I Trivia: Fall [DC] 1:00 ❤️ Tranquility Time [DC] 1:45 🌸 Garden Club: Watering Plants [DC] 2:30 🧩 Short Stories &amp; Reminiscing [DC] 3:15 🧩 Color Me Calm [DC] 4:00 🧩 Make me Laugh: Funny Baby Videos [DC] 6:00 🧩 Evening Movie [DC]</div>		<div><b>Happy Birthday Janet!</b> 9:30 🧩 Small Group Coloring [DC] 10:00 🕊️ <b>Good Morning Greetings, Songs &amp; Daily Chronicle</b> [DC] 10:15 Birthday Celebration: Janet [DC] 10:15 ↔️ Morning Exercise Stretches [DC] 10:45 ↔️ Morning Snack &amp; Hydration [DC] 11:00 ❤️ Tennis Ball [DC] 11:30 🌸 Helping Hands: Watering The Garden [DC] 1:00 ❤️ 1 on 1 activities w/Mae [DC] 1:30 🍷 <b>Music Therapy w/ NeuroSound</b> [DC] 2:15 🕊️ Namaste Program: Short Stories &amp; Soothing Sounds [NR] 2:45 ↔️ Afternoon Snack &amp; Hydration [BC] 3:15 🍷 Arts &amp; Crafts [DC] 6:00 🧩 Evening Movie [DC]</div>		<div>9:30 🧩 Sorting &amp; Lacing Shapes [DC] 10:00 ❤️ Good Morning Greetings, Songs &amp; Daily Chronicle [DC] 10:15 ↔️ Stretch &amp; Tone [DC] 10:45 🧩 Morning Snack &amp; Hydration [DC] 11:00 🧩 Sock Toss [DC] 12:45 ❤️ House Visits [DC] 1:15 🌸 Glamour Time [DC] 2:45 🧩 Afternoon Snack &amp; Hydration [DC] 3:00 🌸 Arts &amp; Crafts With A Purpose: Making Cards for The Fire Department [DC] 6:00 🧩 Family Event: Dancing Under The Stars [BC]</div>		<div>10:15 🕊️ Live Piano music w/Dennis Botzer [DC] 11:00 🧩 Saturday Sports [DC] 1:00 ↔️ Beautiful Views, Relaxation and Manicures [DC] 2:15 🍷 Puzzles and Coloring [DC] 2:30 🧩 TV Classics: The Lawrence Welk Show [DC] 6:00 🧩 Evening Movie [BC]</div>	
<div><b>National Assisted Living Week</b> <b>National Grandparents Day</b> 10:30 🕊️ <b>ORDER of MALTA Rosary</b> [LR] 11:00 🧩 Piano w/Sanjana [DC] 11:30 🍷 Daily Chronicle &amp; Morning News [DC] 11:45 🌸 Garden Club: Watering Plants [DC] 12:45 🧩 Sunday Sports [DC] 1:15 🕊️ <b>Epiphany Anglican Church Service w/ Violin &amp; Piano Music</b> [DC] 3:30 ❤️ Happy Grandparents Day: Cards &amp; Candy Delivery [DC] 3:45 🍷 Trivia [DC] 6:00 🧩 Evening Movie [DC]</div>		<div><b>National Assisted Living Week</b> <b>Patriot Day</b> 9:30 ↔️ Small Group Puzzles [DC] 10:00 🍷 Good Morning Greetings, Songs &amp; Daily Chronicle [DC] 10:15 ↔️ Bowling [DC] 11:30 🌸 Garden Club: Watering Plants [DC] 12:45 ❤️ House Visits [DC] 1:15 🧩 Candy Bar Bingo! [DC] 2:30 🕊️ Namaste: Soothing Sounds &amp; Hand Massage [DC] 3:15 🧩 Bird Watching &amp; Short Stories [DC] 4:00 🧩 Who am i? Name that resident [DC] 6:00 🧩 Evening Movie [DC]</div>		<div><b>National Assisted Living Week</b> 9:30 🌸 Small Group Sorting [DC] 10:00 🍷 Good Morning Greetings, Songs &amp; Daily Chronicle [DC] 10:15 ↔️ Moving &amp; Stretching to the Music! [DC] 10:45 ↔️ Morning Snack &amp; Hydration [DC] 11:00 🧩 Bowling [DC] 11:45 🌸 Helping Hands: Watering Plants [DC] 1:00 ❤️ Resident Art Mural [DC] 2:00 ↔️ Parachute Fun! [DC] 2:45 🧩 Small Group Word Puzzles [DC] 3:30 🕊️ Piano &amp; Sing-Along w/Jane [DC] 4:15 🕊️ Fresh Air &amp; Sunshine [DC] 6:00 🧩 Evening Movie [DC]</div>		<div><b>National Assisted Living Week</b> 9:30 🍷 Small Group Word Puzzles [DC] 10:00 ❤️ Good Morning Greetings &amp; Daily Chronicle [DC] 10:30 ↔️ Fox Exercise Class [DC] 11:00 ↔️ Get Up and Walk! [DC] 11:00 🧩 Pet Visits w/Chris &amp; Sawyer [DC] 11:30 🧩 Balloon Volleyball [DC] 1:00 ❤️ Tranquility Time [DC] 1:45 ❤️ Resident Art Mural [DC] 2:30 🌸 <b>Short Stories &amp; Reminiscing</b> [DC] 3:00 🧩 <b>Happy Hour &amp; Live Music</b> [DC] 4:00 🧩 Resident Awards Ceremony [DC] 6:00 🧩 Evening Movie [DC]</div>		<div><b>National Assisted Living Week</b> 9:30 🧩 Small Group Coloring [DC] 10:00 🕊️ <b>Good Morning Greetings, Songs &amp; Daily Chronicle</b> [DC] 10:15 ↔️ Morning Exercise Stretches [DC] 10:45 ↔️ Morning Snack &amp; Hydration [DC] 11:00 🧩 Ladder Ball Toss [DC] 11:30 🌸 Helping Hands: Watering The Garden [DC] 1:00 ❤️ Resident Art Show [DC] 1:30 🍷 <b>Music Therapy w/ NeuroSound</b> [DC] 2:15 🕊️ Namaste Program: Short Stories &amp; Soothing Sounds [NR] 2:45 ↔️ Afternoon Snack &amp; Hydration [BC] 3:15 🍷 Arts &amp; Crafts [DC] 6:00 🧩 Evening Movie [DC]</div>		<div><b>National Assisted Living Week</b> 9:30 🧩 Sorting &amp; Lacing Shapes [DC] 10:00 ❤️ Good Morning Greetings, Songs &amp; Daily Chronicle [DC] 10:15 ↔️ Stretch &amp; Tone [DC] 10:45 🧩 Morning Snack &amp; Hydration [DC] 11:00 🧩 Twisted Twister [DC] 12:45 ❤️ House Visits [DC] 1:30 🕊️ St. Veronica's Catholic Mass W/Father Kleinmann [BC] 2:00 🧩 Skunk [DC] 2:45 🧩 Afternoon Snack &amp; Hydration [DC] 3:00 🌸 Helping Hands: Watering Plants [DC] 3:30 🍷 Art Expression: Reflections of Fall [DC] 6:00 🧩 Evening Movie</div>		<div><b>National Assisted Living Week</b> <b>Rosh Hashanah</b> 10:15 🕊️ Live Piano music w/ Dennis Botzer [DC] 11:00 🧩 Saturday Sports [DC] 1:00 ↔️ Beautiful Views, Relaxation and Manicures [DC] 2:15 🍷 Puzzles and Coloring [DC] 2:30 🧩 TV Classics: The Lawrence Welk Show [DC] 6:00 🧩 Evening Movie [BC]</div>	
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